The Center for Biomedical Research in Music invites you to join the

**Neurologic Music Therapy Exercise Group**

These classes use Neurologic Music Therapy techniques that are endorsed by the World Federation for Neurologic Rehabilitation, to help you improve strength, flexibility, mobility, walking, balance and overall independence in a fun and supportive group setting. Numerous research studies both at CSU and other institutions have shown these techniques improve walking and movement patterns in neurological populations and those at risk of falling.

**When:** Mondays, 9:00-10:00 or 10:30-11:30  
Tuesdays, 3:30-4:30 (specifically focuses on Parkinson’s Disease)

**Where:** The Center for Biomedical Research in Music is located in the University Center for the Arts at Colorado State University

**Cost:** $5 donation per session is requested to fund the costs of running the program. Please know it is not required and you are always welcome. We also welcome larger donations to support this program, as funding from other sources does not fully cover expenses. All donations are tax deductible.

**Parking:** Handicapped parking available

**What to Bring:** Comfortable clothing and shoes for exercising, a water bottle

**About the Therapists:**

**Dr. Ruth Rice,** Physical Therapist, has been involved with research on the effects of rhythm and music for neurological rehabilitation techniques for the last 23 years, as well as a clinician treating orthopedic and neurological diagnoses for the last 25 years at Poudre Valley Hospital.

**Dr. Corene P. Hurt-Thaut,** Neurologic Music Therapist, is internationally recognized for her clinical expertise in the evidence based practice of Neurologic Music Therapy. Her clinical background has included work with stroke, Parkinson’s disease, traumatic brain injury, and multiple sclerosis. Dr. Hurt-Thaut has numerous research publications in the area of music and motor control.

For more information or to join a group, please call Ruth Rice at (970)214-3352 or Corene Thaut at (970)430-7318 or visit [www.cbrm.colostate.edu/clinic](http://www.cbrm.colostate.edu/clinic)